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Coaching Youth Basketball-5th Edition





Synopsis

Coaching Youth Basketball, Fifth Edition, will help you run organized practices as you develop your playersâ [™] fundamental skills. Written by the American Sport Education Program (ASEP), in conjunction with expert coach Don Showalter of USA Basketball, this book covers all aspects of player development that you need to know: â ¢ Preparing for and conducting efficient, age-specific practices â ¢ Teaching and developing skills â ¢ Providing a safe playing environment â ¢ Identifying and correcting errors in performance â ¢ Communicating with and encouraging players Youâ [™]II also gain court-tested tips on running your team; communicating with players, officials, parents, and other coaches; providing basic first aid; and keeping it all fun. The book contains drills and coaching tips that are sure to jump-start your practices and improve playersâ [™] performance. In addition, you receive many photos and diagrams to facilitate your understanding of the skills and drills. Ideal for coaches of players ages 5 to 14, the fifth edition of Coaching Youth Basketball will help you focus on long-term athlete development by creating an environment in which your players can learn, progress in their skill development, increase their understanding of the game, and, most important, have fun. v

Book Information

Series: Coaching Youth Paperback: 264 pages Publisher: Human Kinetics; 5 edition (June 21, 2012) Language: English ISBN-10: 1450419720 ISBN-13: 978-1450419727 Product Dimensions: 7.1 x 0.6 x 10 inches Shipping Weight: 1.4 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #716,014 in Books (See Top 100 in Books) #70 in Books > Sports & Outdoors > Coaching > Children's Sports #156 in Books > Sports & Outdoors > Basketball > Coaching #1052 in Books > Sports & Outdoors > Coaching > Training & Conditioning

Customer Reviews

This book it's really the best tool for a coach that wanto to begin with youth basketball. I would say more, i think it's necessary

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